



North Dakota Walking Program

Sponsored by NDSU Extension Service

Program Runs: April 11 - June 5, 2010

Registration Fee: Adults \$10 each Students \$5 each (age 18 & under)

Make checks payable to: NDSU Extension Service

Mail to: WALK ND, NDSU Dept 7280, PO Box 6050, Fargo, ND 58108-6050

USE THIS FORM ONLY IF YOU DO NOT HAVE INTERNET ACCESS TO REGISTER FOR THIS PROGRAM

Name: _____

Fee: Adult \$10 _____

Address: _____

Student \$5 _____

City: _____ State: _____ Zip: _____

E-Mail Address: _____

Total Paid: \$ _____

Daytime Phone # _____

Report Your Steps: (Please Select One)

Paper Reports

On Line Reports

www.walknd.com

In consideration of your accepting this registration, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any associated sponsors, their representatives, successors, and assigns for any injuries suffered by me while participating in this program. I hereby grant permission for any officials associated with this program to use any photographs or videotapes of said program as they see fit.

Date: _____

Signature: _____

(Parent or Guardian if under 18)

For more information email info@walknd.com

Report Step Date:

April 11 - 24

-

Steps due by April 28

April 25 - May 8

-

Steps due by May 12

May 9 - 22

-

Steps due by May 26

May 23 - June 5

-

Steps due by June 10

NDSU
Extension Service
North Dakota State University

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